



RULES FOR 14U NATIONAL AGED CLUB CHAMPIONSHIPS
DECEMBER 2016

The Modified rules for 14 & under are:

- Length of field of play will be 25 metres for Men and Women
- Use of Women's Water Polo Ball for Men and Women – Size 4 Ball
- The number of players from a team in the water during a game is six, one of whom shall be the goalkeeper
- A minimum of 11 players and a maximum of 12 players per team for each game.
- Every player must play a quarter of the game within the first half, except in the instances of injury and players fouled out.
- On exclusion no timeframe is applied, the player must swim to the re-entry box, rise to surface within the box then re-enter.
- No shot on goal from a free throw.
- After receiving a foul, the centre forward and the centre back must swim out allowing for a new centre forward

Teams must nominate a maximum of 12 players and a minimum of 11 players to be eligible to compete.