



# WPA National Technical Rules Overview – 2025/2026 Season

Australian Youth Water Polo Championships						
Rule	12&U Girls & Boys	14&U Girls & Boys	16&U Girls	16&U Boys	18&U Girls	18&U Boys
<b>Age Rule</b>	Born 2014, 2015 and 2016	Born 2012, 2013 and 2014	Born 2010, 2011 and 2012		Born 2008, 2009 and 2010	
<b>Team Rosters</b>	Minimum – 14 players (12 Field & 2 GK) – Maximum 15 players. 14 players MUST participate in each match (minimum 12 field players + 2 GK)					
<b>Game Duration</b>	These specific times are outlined in section AYWPC Competition Manual.					
<b>Timeouts</b>	Two (2) timeouts per team during final stages only (semi-finals onwards)					
<b>Pool Dimensions</b>	Min: L 20-25m, W 10-20m (as per World Aquatics rules)					
<b>Pool Depth</b>	Minimum 1.8m (preferably 2.2m)					
<b>Goal Size</b>	W 2.5m, H 0.75m	W 3.0m, H 0.9m (inside measurements, as per World Aquatics Rules)				
<b>Ball Size</b>	Size 3	Size 4	Size 5	Size 4	Size 5	
<b>Other Rules</b>	As per Sport Rules found on the WPA Website or event specific alternations as per Event Competitions Manuals.					

# WPA National Technical Rules Overview – 2025/2026 Season



WPA National Championships					
Rule	13&U Girls and Boys	15&U Girls	15&U Boys	17&U Girls	17&U Boys
<b>Age Rule</b>	Born 2013 & 2014	Born 2010 & 2011		Born 2008 & 2009	
<b>Team Rosters</b>	Teams must consist of 14 players (12 field players + 2 GK).	All teams must have 14 players with two dedicated goalkeepers. If a team does not have 14 players, then they must enter the Draft. If there are no available players in the draft, special exemptions may be provided by WPA.			
<b>Game Duration</b>	Four (4) periods of six (6) minutes running time. 2-minute break between periods and 2-minute break at half-time. (World Aquatics Rules apply).	Four (4) periods of seven (7) minutes actual playing time. 1-minute break between periods and 2-minute break at half-time. (World Aquatics Rules apply).			
<b>Timeouts</b>	No Time Outs	Each team is permitted two (2) Time Outs at any time during the match. (World Aquatics Rules Apply)			
<b>Pool Dimensions</b>	Min: L 20-25m, W 10-20m (as per World Aquatics Rules)	Min: L 20-25m, W 10-20m (as per World Aquatics Rules)			
<b>Pool Depth</b>	Minimum 1.8m (preferably 2.2m)				
<b>Goal Size</b>	W 3.0m, H 0.9m (inside measurements, as per World Aquatics Rules)				
<b>Ball Size</b>	Size 4	Size 4	Size 5	Size 4	Size 5
<b>Other Rules</b>	As per Sport Rules found on the WPA Website or event specific alternations as per Event Competitions Manuals.				



# WPA National Technical Rules Overview – 2025/2026 Season

Australian Water Polo League		
Rule	AWL Women	AWL Men
Age Rule	Open to all ages	
Team Rosters	*22 Players are permitted on the Team Roster through the MemberPool, however 14 players, (12 field players and including two (2) goalkeepers) are to participate in each match.	
Game Duration	Four (4) periods of eight (8) minutes actual playing time. 2-minute break between periods and 3-minute break at half-time. (World Aquatics Rules Apply)	
Timeouts	Each team is permitted two (2) Time Outs at any time during the match. (World Aquatics Rules Apply)	
Pool Dimensions	Min: L 20-25m, W 10-20m (as per World Aquatics Rules)	Min: L 20-30m, W 10-20m (as per World Aquatics Rules)
Pool Depth	Minimum 1.8m (preferably 2.2m)	
Goal Size	W 3.0m, H 0.9m (inside measurements, as per World Aquatics Rules)	
Ball Size	Size 4	Size 5
Other Rules	As per Sport Rules found on the WPA Website or event specific alternations as per Event Competitions Manuals.	



Effective September 1, 2025